



1550 Hawkeye Drive
 Hiawatha, IA 52233
 (319) 892-4340
 www.dancersedgeonline.com



Carol Maxwell Rezabek

Instructor | carol@dancersedgeonline.com

Hello! My name is Miss Carol, and I am so excited to have you in my ballet class. I am “unironically enthusiastic” about everything to do with ballet, and I can't wait to share it with you! This page will help you understand my teaching philosophy, provide you with some tips on how to behave in class, and includes some fun facts about me. While participating in my class, please adhere to these three principles:

Be Brave.

“Why are you stingy with yourselves? Why are you holding back? What are you saving for—for another time? There are no other times. There is only now. Right now.” - George Balanchine

Be Enthusiastic.

“Nerds like us are allowed to be unironically enthusiastic about stuff. Nerds are allowed to love stuff, like jump-up-and-down-in-the-chair-can't-control-yourself love it.” - John Green

Be You.

“There is only one of you in all time, this expression is unique. And if you block it, it will never exist through any other medium and it will be lost.” - Martha Graham

“To Do” List

- Let your love of dance shine.
- Practice performing.
- Stand a little taller.
- Focus a little longer.
- Lengthen a little more.
- Draw attention to yourself in a positive way.

Ballet Class Rules

- Listen and follow directions.
- Raise your hand before speaking or leaving your place.
- Respect yourself, your classmates and your teacher.
- Keep your hands and feet to yourself.

Ballet Attire

- Dress the part! All students must be in proper attire and appropriate dance shoes with hair neatly pulled back in order to participate in class.
- For ladies, any color leotard, tights, ballet pink ballet shoes. Tight fitting shorts or ballet skirts are permissible.
- Ballet 4 and above must wear hair in a well-secured and neat bun.
- For gentlemen, any color t-shirt or tank, any color athletic shorts or jazz pants, and black ballet shoes.

About Me

- My daughter Cami was a graduating senior and a TA at The Dancer's EDGE last year.
- When I was a kindergartener I had a set of encyclopedias. Vol. 2 had a two page spread about ballet with drawings of the basic positions and the Prologue from *The Sleeping Beauty*. I was mesmerized. Finally, I managed to get my parents to take me to ballet lessons. I think the plan was for me to “get it out of my system.” Hmmm...
- I found that picture online and have it framed in our home. Sometimes I use it as my computer background.
- Some of my favorite ballets are Frederick Ashton's *Rhapsody*, Christopher Wheeldon's *Alice's Adventures in Wonderland* and Twyla Tharp's *In the Upper Room*.
- My favorite composer is Sergei Prokofiev.