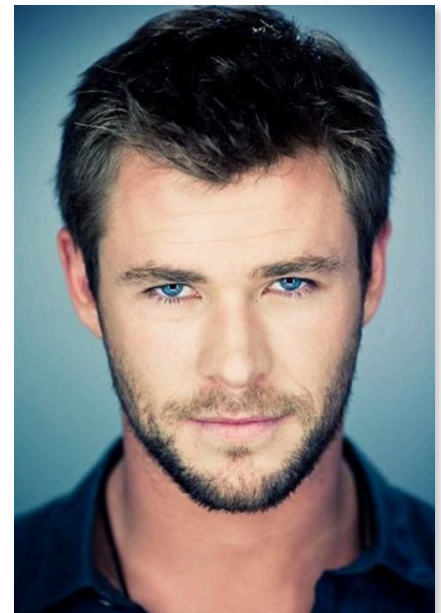




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# Matt Shea

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Hello, my name is Matt or “Matt Shea” as the kids say. I’m glad you’ve decided to enroll in my class this session. I’ve put together some tips to help you better understand my teaching philosophy and some fun facts about myself. Remember, you’re not only learning dance while you’re here, but also some valuable life lessons along the way. Let’s get to work!

## Be Excellent.

Excellence is always striving to do better. Nobody is perfect, but we can all be excellent!

## Be Kind.

To your instructor.  
 To each other.  
 To yourself

## Be EDGY.

Be unique.  
 Be fearless.  
 Be you!

## Do’s

- Try to be on time. Your body needs to properly warm up for class!
- Be ready to work and give 110%. You’ll be amazed at what your mind and body can do when you push yourself.
- Listen to every correction. The best dancers apply every correction to themselves.
- Use the restroom before class. I want you to get the most out of each and every class!
- Be willing to try new things. Saying the word “can’t” instantly shuts down your progress.

## Attire

- Please follow the appropriate dress code set by the studio.
- Having the proper shoes and making sure your hair is neatly pulled back helps you look the part of a dancer, and it helps ensure you learn the technique correctly.

## Don’ts

- Bring outside bad energy into the room. Once you walk through the studio door, you should be ready to work and have fun.
- Ask to take a drink break too frequently. I will let you know when it is an appropriate time to get a drink.
- Have conversations with your friends during class. I know being in class with them is a lot of fun, but again, we have a short amount of time and a lot of material to cover.
- Work on other skills during class. Staying focused on what the class is working on at the moment will help you progress quickly. If you’re doing a skill that the class is not working on, you’re also distracting your peers.

## About Me

- I have 3 siblings (my oldest sister used to be a professional dancer)
- I love being an uncle and spoiling my niece.
- I taught Miss Stephanie, Miss Taylor, Miss Kelsie, Miss Katlyn, Miss Rachel, and Miss Maddie when they were younger (come see me to hear some stories)
- I have 2 dogs: Bear & Gryffin.
- I work part time at CVS pharmacy.
- I’m a picky eater (Miss Stephanie has been working on this for years!)
- I love teaching dance and having my passion inspire others. It’s always great to see students grow each year and not only become amazing dancers, but amazing people.